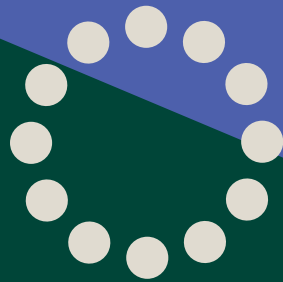


BREAKING THE BARRIERS.

The A to Z of addiction trends and treatments.



AddictionZ

Connection

NOT

Convention

Monday 29 April – Wednesday 1 May 2024

JW Marriott Gold Coast Resort & Spa, QLD

anzmh.asn.au/addictionz

#ADD24

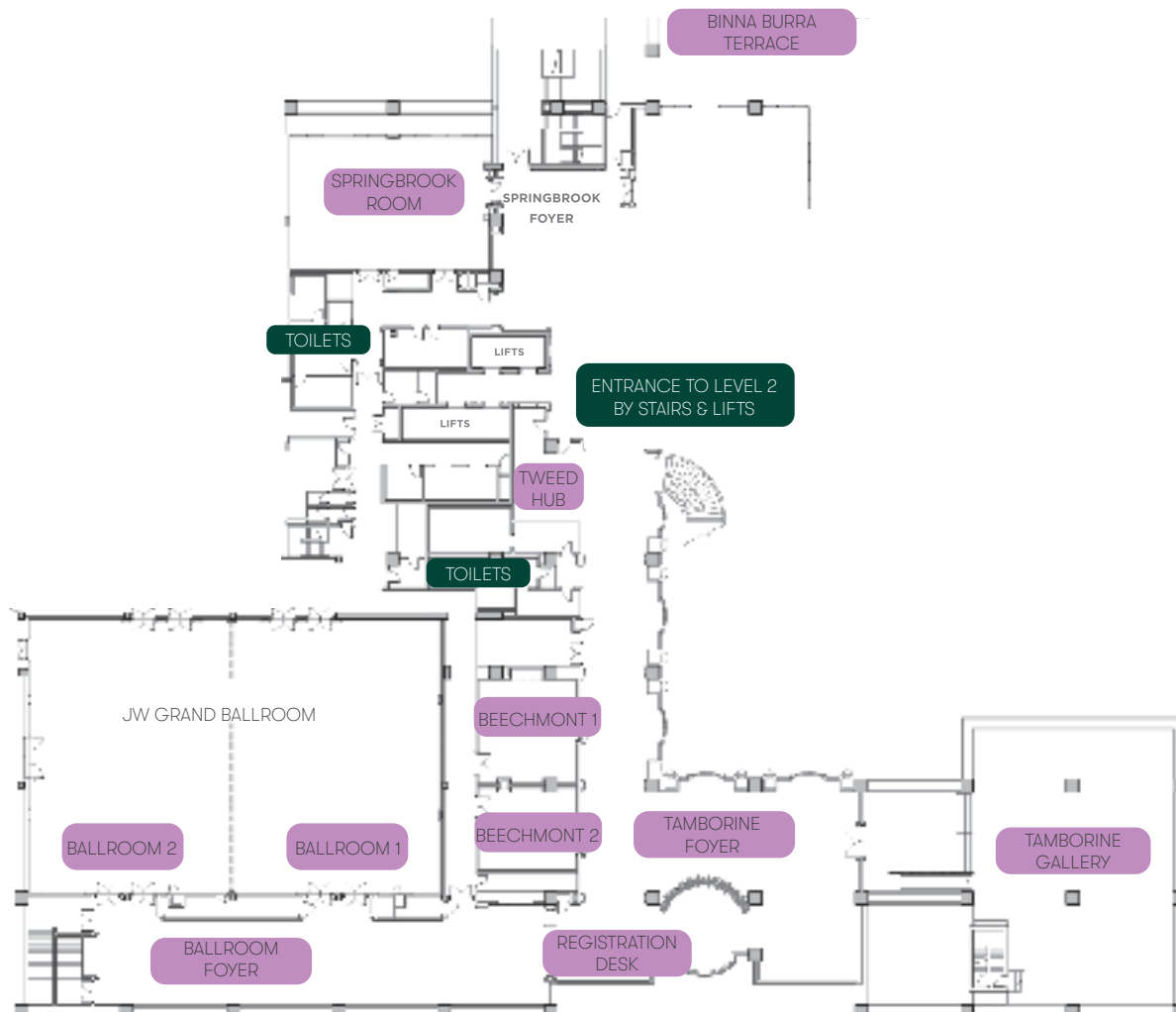
HOSTED BY



Australian & New Zealand
Mental Health Association

EXPERIENCE
GOLDCOAST.

FLOOR PLAN



PLENARY SESSIONS

JW Marriott Grand Ballroom

CONCURRENT SESSIONS

Room 1 – Ballroom 1

Room 2 – Ballroom 2

Room 3 – Springbrook Room

Catering: **Tamborine Foyer and Gallery**

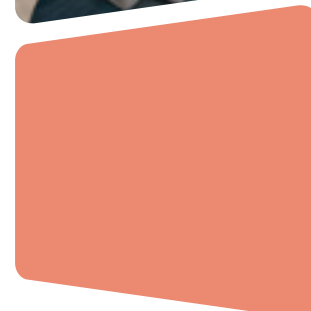
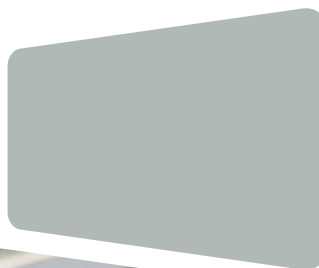
Exhibition: **Tamborine Gallery**

Poster Presentations: **Tamborine Foyer**

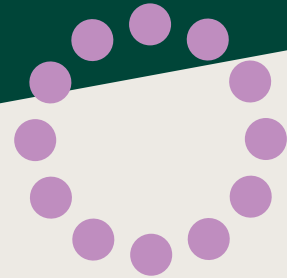
Quiet Room: **Beechmont 1**

Speakers Prep: **Beechmont 2**

Wellness Zone: **Tamborine Foyer**



WELCOME TO ADDICTIONZ



We are thrilled to extend a warm welcome to you as a registered delegate for AddictionZ 2024 - the premier conference on addiction trends and treatments, formerly known as the Australian and New Zealand Addiction Conference. As we embark on this transformative journey, we are excited to have you join us at the JW Marriott Resort & Spa on the stunning Gold Coast, from April 29th to May 1st, 2024.

At AddictionZ, our mission is to break the barriers that have constrained our understanding of addiction. This year's conference is about embracing hope through empowering pathways and integrating holistic approaches to prevention, treatment, and recovery. We believe in the power of collaboration, bringing together the AOD, mental health, and behavioral health sectors to foster innovative solutions.



BREAKING THE BARRIERS.

The A to Z of addiction trends and treatments.

Addiction is a multifaceted challenge that extends beyond traditional boundaries. Our conference is more than just drugs, alcohol, and gambling; it's about exploring the A to Z of addiction trends and treatments.



We've crafted a bold and inclusive program that reflects this vision, and we can't wait for you to experience it.

ACKNOWLEDGEMENT

We would like to acknowledge the valuable contribution of all committee members and session chairs for their time and expertise with the conference program.



PROGRAM COMMITTEE

Tony Clarkson (Conference Chair)
Principal Clinical Advisor, The Victorian Responsible Gambling Foundation

Jonathon Brown
Acting Manager, Bila Muuji Drug and Alcohol Network

Nathan Charles Brown
Director And Multicultural Specialist, Loud and Proud with Pride

Carol Daws
Chief Executive Officer, Cyrenian House

Octavian Dixon Ritchie
Regulatory Affairs Consultant, Independent Food and Therapeutic Assessor Ltd

Dr Christopher Fox
Sex Life Therapy

Lt Colonel Lynette Hutson
Assistant Territorial Secretary for Mission, The Salvation Army

Danielle Manton
Senior Lecturer Indigenous Teaching and Learning Team, University of Technology Sydney

Broc Martin
AOD Counsellor, Pormpur Paanthu Aboriginal Corporation

Professor Peter Miller
Professor of Violence Prevention and Addiction Studies, School of Psychology, Deakin University

Simone Shaw
Clinical Director, Forensic Intervention Services, Department of Justice and Community Safety

Dr Robert Stirling
CEO, Network of Alcohol and other Drug Agencies (NADA)

Bridgitte Thornley
National Director, PGF Group NZ

CONFERENCE HOST

Sam Stewart
CEO, Australian & New Zealand Mental Health Association

CONFERENCE CHAIR



Welcome all to this year's AddictionZ conference! On behalf of the 2024 conference committee I'd like to pay my respects to the people of the Yagumbeh language region, on whose unceded lands this year's event is being held.

We have a huge amount to learn from First Nations people about effective community supports for those experiencing harm from addictions. In a similar way we have much to learn from all of you – the people who make events like AddictionZ such rich and memorable experiences. The opportunity to connect, learn, share and enjoy are all part of what makes the conference the premier addiction focused event in the region.


The theme of this year's conference is Breaking the Barriers – the A-Z of addiction trends and treatments. We are incredibly fortunate to have such a diverse range of speakers, covering topics as wide ranging as elite sports (Australia's greatest ever female basketball player, Lauren Jackson) and personal stories of recovery (the living legend that is Kutcha Edwards) to the dangers of Loot Boxes and the harms from behavioural addictions like gambling.

There will be group activities, prizes, coffee and more cake than you can eat. We encourage you to make the most of the three days on the beautiful Gold Coast; jump in, embrace the full experience, join us at the conference dinner and shed your inhibitions. We can't address the many challenges of addiction on our own, so try introducing yourself to one new person each day or come up and speak to one of ANZMH's wonderfully committed staff – lean in, it only happens once a year and you have the rest of the year to feel the benefit of all those new connections.

I'm looking forward to meeting and talking with as many of you as possible. Enjoy AddictionZ!

Tony Clarkson
Conference Chair

We acknowledge and thank Traditional Owners of the Yagumbeh language region on which we hold this Conference.



Concerned your client is struggling with gambling?

Some products are designed to keep people gambling.

Gambler's Help counsellors can provide advice on how to address client needs and assist with referrals. Alternatively, clients can contact Gambler's Help direct for free and confidential advice, support and referral to tailored services.



Gambler's Help is available 24/7 on
1800 858 858 or visit gamblershelp.com.au



**Gambler's
Help**

GENERAL INFORMATION

If there's anything else you need to feel welcome and included, please see the team at the registration desk.

The following information is provided to make your attendance at AddictionZ as pleasant as possible. If you require assistance, please visit the conference team at the registration desk.

Registration and Information Desk

The registration desk will be located on level two of the JW Marriott Gold Coast Resort & Spa. The hours of operation are as follows:

Monday 29th April 11:45am - 4:30pm
Tuesday 30th April 7:45am - 5:00pm
Wednesday 1st May 7:45am - 3:00pm

Name Badge

Please collect your name badge from the registration desk and wear it each day as it is your official pass to all sessions, exhibition, morning tea, lunch, afternoon tea and the social function. You will not have access to conference rooms without a name badge present.

Wi-Fi

Complimentary Wi-Fi internet is available in all event areas.

Login: MarriottBonvoy

Password: Not Required

Mobile Phones

Please ensure all mobile phones are switched to silent while in conference sessions.

Dress Code

The dress code is smart casual.

On-Site Counsellor

During the conference, if you feel the need to speak to someone, please contact:

Monday 29th April: Caroline Gee • 0428 667 736

Tuesday 30th April: Tricia Holden • 0429 011 632

Wednesday 1st May: Edna Lee • 0413 594 8883

Conference Catering

All catering will be served in Tamborine Foyer and Gallery with the exhibitors and poster presentations.

Networking Function

The networking function will be held on Tuesday 30 April from 5:15pm – 7:15pm JW Marriott Resort Poolside. Canapés, beer, wine, and soft drinks will be served.

Speakers' Preparation Room

It will be open as follows to upload and check your presentations:

Monday 29th April 12:00pm - 4:30pm

Tuesday 30th April 7:45am - 4:30pm

Wednesday 1st May 7:45am - 1:30pm

Speakers are required to submit and preview presentations prior to their session. If you have not previously emailed or uploaded your presentation, please deliver it as soon as possible to the Speakers Preparation Room where an audio-visual technician will be available to assist you. Presenters may run through their presentations in the Speakers Preparation Room during any of the above times.

Resource Centre

As part of your conference registration, you'll also receive access to the AddictionZ 2024 presentation recordings (excludes Masterclasses). This online library includes presentation slides and video recordings that can be watched on demand for 30 days. Your login details will be sent to you via email approximately five business days after the conference.

Accommodation

Accommodation accounts must be settled with the hotel on checkout. The Committee and/or Conference Secretariat are not responsible in any way for outstanding accommodation accounts.

Quiet Low Sensory Space

We offer a quiet and low sensory space in Beechmont 1, for individuals who may find the conference overstimulating.

Conference Manager: Renee Morley

• T: 0466 975 696 • E: addictionz@anzmh.asn.au

Program & Research Manager: Rachel Dempster

• T: 0431 917 300 • E: research@anzmh.asn.au

Head of Partnerships: Talitha Natt

• T: 0451 602 265 • E: partner@anzmh.asn.au

COMPETITION

GET SOCIAL WITH US!

Use #ADD24 in your social media posts to showcase your favourite moments of the conference and you'll enter the draw to win one of two prizes:

1. In-person registration to AddictionZ 2025 *or*
2. In-person registration to any ANZMHA conference! *



FOLLOW US

Australian and New Zealand Mental Health Association



/ANZHMA



@anzmha



@anzmha

* Excludes MHomentum

TURN TO HELP

Supporting those with opioid dependence at **every step of their journey**



Visit Turn to Help for information on opioid dependence, how to overcome it and where to find a doctor.
www.turntohelp.com.au

GIVEAWAY

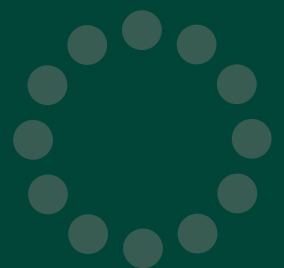
We're giving away a number of exciting prizes at AddictionZ 2024.

Simply use the conference app to scan the QR codes located throughout the conference venue or participate in Q&A and live polls in the keynote sessions.

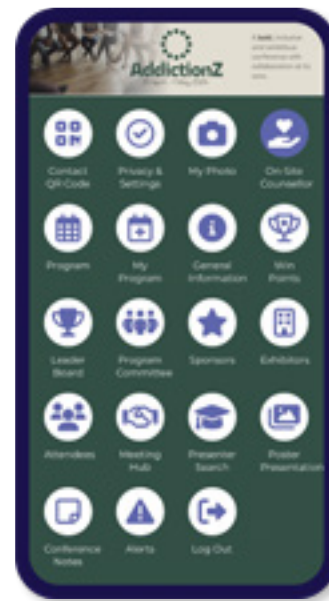
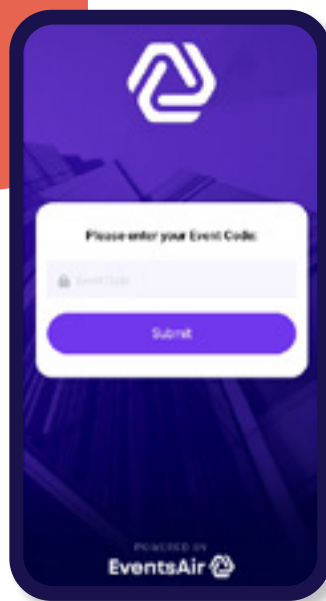
HOW TO WIN

The top 10 scoring delegates will be eligible for the prize draw during the conference closing. Winners must be present to claim their prizes. Some examples of how points can be earned include: Scan the QR codes at or on:

- Registration desk
- Exhibition booths
- Poster presentations
- Networking function
- Wellness Zone



Want to Make
the Most of Your
Conference
Experience?



DOWNLOAD THE CONFERENCE APP!

Simply follow these easy steps:

1. Visit the App store on your Apple or Android device



2. Search 'The Event App by EventsAir' and download
3. Open and enter event code **ADD24**
4. Your name badge has your login and pin!

APP FEATURES

Stay up to date and connected during AddictionZ 2024.

PROGRAM

Create your own personal schedule and view the latest program details.

PRESENTERS

Read presenter biographies and presentation overviews.

NETWORK

Connect with fellow delegates and network via in-app messaging.

CONNECT

View who has joined us as an exhibitor and sponsor.

GAMIFICATION




Compete for prizes – it's fun and easy.

SOCIAL CALENDAR

Paint by Numbers







Gather your colleagues and channel your inner artist at the Paint by Numbers table. These easy-to-follow designs are suitable for beginners and experienced artists. Relax and enjoy painting one of eight different designs.

-  Wellness Zone,
Tamborine Foyer, Level 2
-  Monday 30 April - Wednesday 1 May
-  During conference times

Pay Your Own Way Dinner






We know you want to make the most out of your conference experience, so we've organised a venue for you to continue to network and enjoy dinner with your peers and new friends on day one of the conference. Just a 15 minute walk from the conference venue, it's the perfect place to relax and enjoy the evening after a day of exciting keynote and masterclass's. Bookings are essential, please contact the Conference Manager to RSVP.

-  Surfers Pavilion, 30-34 Ferny Avenue, Surfers Paradise
-  Monday 29 April 2024
-  6:30pm – 8:00pm
-  Pay Your Own Way

Yoga at Binna Burra Terrace



Stretch and unwind when you join us for a guided Yoga session. If you're a yoga enthusiast or a beginner, everyone attending the conference is welcome. Please arrive 5 minutes before the commencement of the class to sign the waiver form. In the event of wet weather, this class will still go ahead. Bookings are essential, please contact the Conference Manager to RSVP.

-  Binna Burra Terrace, Level 2,
JW Marriott Gold Coast Resort & Spa
-  Tuesday 30 April
-  6:30am – 7:15am - Spaces are limited
RSVP at addictionz@anzmh.asn.au




Please note: Yoga mat, water and towel is provided.

SOCIAL CALENDAR

Breathwork & Meditation Session



Join us in a guided meditation and breathwork session designed to calm the nervous system. Join us for a guided breathwork and an ice bath session. Discover the transformative Wim Hof Method, bolstering your resilience and fostering a deeper mind-body connection. Brave up to 2 minutes in the icy depths, forging bonds and unlocking boundless inner strength together. Bookings are essential, please contact the Conference Manager to RSVP.

-  Binna Burra Terrace, Level 2,
JW Marriott Gold Coast Resort & Spa
-  Wednesday 1 May
-  6:30am – 7:15am - Spaces are limited
RSVP at addictionz@anzmh.asn.au

Please note: Water and towel is provided.

Sunset Soiree

Sponsored by the Victorian Responsible Gambling Foundation





You're invited to join us at our conference
highlight networking event.

The Sunset Networking Soiree

Don't miss this opportunity to unwind, network and
indulge with industry peers, sponsors and exhibitors.

Join us for a captivating evening of live music,
delectable cuisine and enchanting entertainment!

We look forward to seeing you there!

-  Poolside, JW Marriott Resort & Spa
-  Tuesday 30 April 2024
-  5:15pm – 7:15pm
-  Included in full conference registration*

*Additional tickets for day registrants and accompanying persons
can be purchased for \$88 (incl GST) per ticket.



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Camurus is a Swedish science-led biopharmaceutical company committed to improving the lives of patients with severe and chronic diseases.

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FOCUS ON SEVERE AND CHRONIC DISEASES

- Central nervous system
- Rare diseases
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For information visit:
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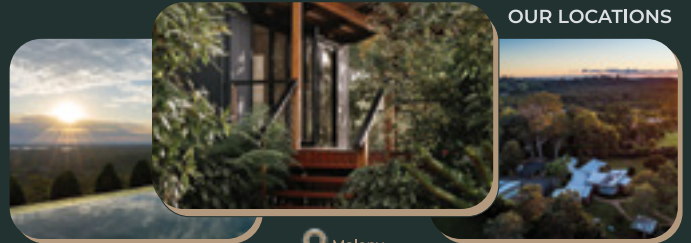
Camurus Pty Ltd. 223 Liverpool Street, Darlinghurst NSW 2010. Ph: 1800 1420 38. australia@camurus.com.au
ABN 79 627 784 605. AU-NPR-2400002. CAM-COR-024.
Date of preparation: March 2024.

Sana Health Group

A private Australian healthcare organisation at the forefront of mental health and addiction recovery

We **unite** the nation's leading recovery centres and retreats, building the future of rehabilitation through accessible **evidence-based treatment and care**.

OUR LOCATIONS



Brisbane hinterland

Maleny

Byron Bay

info@sanahealthgroup.com

sanahealthgroup.com

Alcohol, drug and mental health support

With the right support, people can change their lives.



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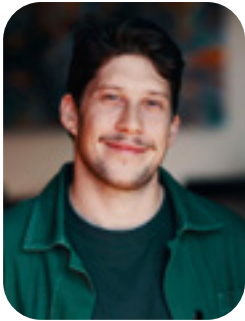
Stay connected with Live Lived Well!

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Lives Lived Well

KEYNOTE PRESENTERS



Nicholas Bloom

Principal Master MHFA
Instructor | Keynote Speaker
| Wellbeing Facilitator |
Advisor

From a young age Nic witnessed – but couldn't comprehend – his mother's mental-ill health. He was

then present during a dear friend's years of psychological distress that led to her devastating suicide. Motivated by their immense challenges, Nic left an unfulfilling corporate career and now dedicates himself to work that he truly loves and believes in.

Today, Nic feels fortunate he gets to work across preventative mental-ill health, suicide & gambling harm, organisational & community wellbeing and carer, consumer & youth advocacy. He does this as a facilitator, trainer, keynote speaker, lived & living experience advisor and strategic consultant.

Nic has featured in the Australian Financial Review and on ABC radio, has supported 100+ Australian schools and advises the Australian Government on their health initiatives and projects. From multinational corporations to local community groups, Nic has trained a diverse portfolio of clients across AUS, USA, UK, CAN, IRE and Asia-Pacific.

Nic travels across Australia and works with clients worldwide, so if you would like him to support you, your workplace or community, please visit www.nicbloom.com.

Keynote Pan-Shop – Navigating The Future: Transformative Strategies For Addiction Policy, Workplace Initiatives And Implementing Change

Tuesday 30 April • 8:45am – 10:15am



Associate Professor Nicholas Carah

Director of the Centre for
Digital Cultures & Societies at
The University of Queensland

Nicholas Carah is Director of Digital Cultures & Societies in the Faculty of Humanities, Arts and Social

Sciences and Associate Professor in the School of Communication and Arts. He is an Associate Investigator in the ARC Centre of Excellence for Automated Decision-Making and Society, and a Chief Investigator on ARC Discovery and Linkage projects. His research examines the participatory cultures, automated systems and advertising models of digital platforms, with a sustained focus on digital alcohol marketing. Nicholas is a Director and Deputy Chair of the Foundation for Alcohol Research and Education.

Keynote Presentation – What Are We Paying Attention To? The Commercial Determinants Of What We See And How We Feel On Digital Media Platforms

Tuesday 30 April • 4:15pm – 4:45pm

KEYNOTE PRESENTERS



Dr Richard Cash
Head of Service Development,
360Edge

Richard has extensive experience in large scale health projects in the mental health and alcohol and other drug sectors. Richard has worked in clinical service

delivery as an alcohol and drug and trauma psychologist, in service management, in research, policy and service development.

Richard has authored clinical treatment guidelines, and developed policy resources across health, emergency services and military mental health sectors. He has developed innovative treatment resources in post-traumatic mental health, including digital mental health applications. He has undertaken numerous large service development projects in the alcohol and other drug sector, including model of care development and service reviews. He was the lead for the evaluation of the National Ice Action Strategy.

Keynote Presentation – Cutting The Gordian Knot: Trauma And AOD Practice

Monday 29 April • 2:30pm – 3:00pm



Dr Aaron Drummond
Senior Lecturer University of
Tasmania

Dr Aaron Drummond is a cognitive cyberpsychologist with a keen interest in the psychological antecedents and consequences of digital media and technology use.

Aaron's research is concerned with issues such as the psychological effects of digital media use on aggression, mental health, academic performance, and cognition. Most recently, Aaron's research on similarities between loot boxes in video games to conventional gambling has been published in the leading journals "Nature Human Behaviour", "Addiction", and "Computers in Human Behaviour".

He has contributed oral and written testimony to Governments on the subject of loot boxes in Aotearoa New Zealand, Australia, the UK, and the USA.

Keynote Presentation - Opening Loot Boxes To Scrutiny From Addiction Science

Tuesday 30 April • 3:45pm – 4:15pm

KEYNOTE PRESENTERS



Kutcha Edwards

Multiple Award winning artist

Multiple Award winning artist Kutcha Edwards has been prolifically combining songwriting, performance and activism since 1991, when he joined Koori group Watbalimba and began the

remarkable journey that has taken him from the tiny Riverina town of Balranald to tours, events and festivals of Australia and the world. It is his experiences as a survivor of the Stolen Generations and his proud Mutti Mutti heritage that have shaped his diverse creative output. Kutcha uses his mesmeric music and shares stories to create connections across cultures, generations, and spaces. His charismatic stage presentations deepen our understanding of Australia's first people. Through his humour and insights, we realise that with recognition of the true Aboriginal history, there can be hope of reconciliation.

Keynote Presentation – Out of Luck!

Monday 29 April • 1:30pm – 2:30pm



Dr Anastasia Hronis

Clinical Psychologist, University of Technology Sydney

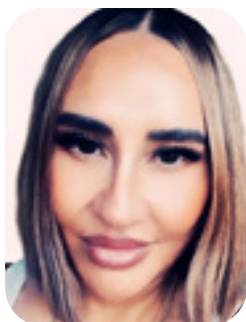
Dr Anastasia Hronis (B Psych (Hons), M Clin Psych, AMusA, LMusA, Ph.D) is a clinical psychologist, working across both academia and clinical practice. Dr Anastasia is

a lecturer and researcher at the University of Technology Sydney. Her main area of research is in addictions, with particular interest in both problem gambling and “responsible gambling” initiatives. She has published her research in top rated journals and presented her work at national and international conferences. Dr Anastasia is also the founder of the Australian Institute for Human Wellness, an organisation dedicated to meeting the mental health needs of individuals and communities.

Keynote Pan-Shop – Navigating The Future: Transformative Strategies For Addiction Policy, Workplace Initiatives And Implementing Change

Tuesday 30 April • 8:45am – 10:15am

KEYNOTE PRESENTERS



Yasmin Iese
Cultural Consultant,
Professional Supervisor,
Open Door Consultancy
Services

Has spent 25 years working within the AOD field as a clinician, clinical supervisor, clinical service manager and executive officer. I have dedicated my career to working in culturally diverse and specific services specialising in providing culturally responsive and safe interventions. I have a master's in health science with a specialisation in forensic psychiatry and postgraduate qualifications in professional supervision. Throughout my career, I have utilised my Western education and experience to inform a skillset of working within a 'negotiated space' which is the space that exists between Western and cultural worldviews and perspectives. I am committed to representing this 'negotiated space' and providing insight and awareness on cultural systems and how they can be implemented into mainstream systems. I am passionate about instigating systemic change. I work independently and provide external supervision for professionals in the health and social community sectors as well as cultural consultancy services.

Keynote Pan-Shop – Navigating The Future: Transformative Strategies For Addiction Policy, Workplace Initiatives And Implementing Change

Tuesday 30 April • 8:45am – 10:15am



Lauren Jackson

Lauren Jackson is one of Australia's top sportspeople - considered by many to be the country's greatest female basketballer in history. Lauren had the great honour of being flag bearer for Australia at the 2012 London Olympics.

She was instrumental at these games in helping the Australian Opals to a Bronze Medal win.

Current work: Not resting on her laurels, Lauren is now fully engaged in charity work, speaking, and Gender and Diversity study. She is a sought-after speaker with real insight into the pressure of performing at the highest level.

Sharing her experience as an Olympian, she takes you inside the world of the elite athlete in a way that's both inspirational and compelling.

Previous experience -

Basketball: Lauren has been on top for 15 years playing at the elite level. She has so many honors spanning across several leagues, including the Australian (WNBL), American (WNBA), European (EuroLeague) and Asian (WKBL) Women's Basketball.

All Star: She was the first Australian in history to be selected as the first overall pick in an international and professional draft. She was crowned an All-Star in her first WNBA season.

MVP: In 2003 Lauren was named MVP in the WNBA, making her the youngest player to receive this award and the first non-American, challenging the American dominance of basketball.

Retirement: Earlier in 2016 Lauren announced her retirement from the sport she has been such an integral part of in Australia.

She leaves a basketball legacy that is unparalleled internationally.

Join Us For An Intimate Q&A Keynote Session With Legendary Basketballer Lauren Jackson

Wednesday 1 May • 1:45pm – 2:45pm

KEYNOTE PRESENTERS



Tanya Kretschmann

Consumer Advocate, Lived Experience Consultant, Recovery Speaker and Peer Mentor

Tanya Kretschmann is a passionate consumer advocate, lived experience consultant, recovery speaker

and peer mentor. She represents consumers on numerous local, state, national and international committees, and is dedicated to enhancing consumer-led, recovery-oriented and integrated care through policy and systems advocacy, service design, delivery and evaluation, and individual peer engagement.

Tanya has worked in lived experience and peer roles in public, private and non-government sectors, and is both adult and child and youth services.

Tanya has a lived experience of a severe and enduring eating disorder, major depressive disorder, anxiety disorder, polydrug use and harm and suicide. Outside Tanya's policy, service and advocacy roles, Tanya is mum to an energetic almost 2-year old, and is an Auslan (Australian Sign Language) Signing Artist.

Keynote Presentation – Experts By Experience: Utilising Lived And Living Experience In Policy, Service Design And Delivery

Wednesday 1 May • 1:15pm – 1:45pm



Dr Robert Stirling

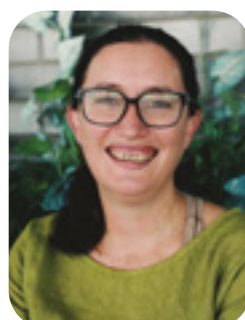
CEO, Network of Alcohol and other Drug Agencies (NADA)

Robert (he/him) is the CEO of NADA and plays a key role in supporting member services in AOD and public health policy, advocacy, planning and funding, sector and workforce

development, as well as research and evaluation. He sits on several boards and committees representing the interests of the NGO AOD sector. Robert has worked in the AOD sector for almost 20 years, and holds qualifications in public health and community management. Robert is also an Adjunct Lecturer with the Drug Policy Modelling Program, Social Policy Research Centre, UNSW Sydney

Keynote Pan-Shop – Navigating The Future: Transformative Strategies For Addiction Policy, Workplace Initiatives And Implementing Change

Tuesday 30 April • 8:45am – 10:15am



Rebecca Lang

CEO, QLD Network of Alcohol and other Drug Agencies (QNADA)

Rebecca is the CEO of the Qld Network of Alcohol and other Drug Agencies (QNADA), the peak organisation for the non-government alcohol and

other drug treatment and harm reduction sector in Qld. Rebecca has been a member of principal expert advisory body to the Australian Government, the Australian National Advisory Council on Alcohol and other Drugs (ANACAD) since 2017. Rebecca is also the Chair of the Australian Alcohol and other Drugs Council (AADC) and a member of the advisory board of the National Centre for Youth Substance Use Research (NCYSUR).

Join Us For An Intimate Q&A Keynote Session With Legendary Basketballer Lauren Jackson

Wednesday 1 May • 1:45 – 2:45pm

WE'D LOVE YOUR FEEDBACK

We'd love your feedback about the conference.

Please scan the QR code at the conference to complete our short conference survey.



As a THANK YOU for completing this survey by Friday 3 May 2024, you'll go into the draw to **WIN** An in-person Registration to AddictionZ 2025



PROGRAM

MONDAY APRIL 29, 2024

11:45am - 1:00pm	REGISTRATION OPEN		
Conference Day One Opening Session - Grand Ballroom			
1:00pm - 1:10pm	Welcome to Country		
1:10pm - 1:30pm	Official Welcome & Housekeeping Tony Clarkson (Conference Chair) , Victorian Responsible Gambling Foundation		
1:30pm - 2:30pm	Out of Luck! Keynote: Kutch Edwards , Multiple Award Winning Artist		
2:30pm - 3:00pm	Cutting The Gordian Knot: Trauma and AOD Practice Keynote: Dr Richard Cash , Head of Service Development at 360Edge		
3:00pm - 3:30pm	Join Us For Afternoon Tea With Exhibitors		
3:30pm - 5:00pm	Ballroom 1	Ballroom 2	Springbrook Room
	Masterclass 1 IN PERSON ONLY	Masterclass 2 IN PERSON ONLY	Masterclass 3 IN PERSON ONLY
	Supporting Women At Higher Risk Of Alcohol Exposed Pregnancies, A Lived Experience Perspective Sophie Harrington & Angelene Bruce, Nofasd Australia	Sex Addiction As Affect Dysregulation: A Neurobiologically-Informed Holistic Treatment Michael Rooney, Intimacy Healing Therapy & Consulting	“Level Up Responsibly” Problematic Gambling And Video Gaming In Young People Georgia Dellosa, Lives Lived Well
5:00pm - 5:40pm	Welcome Drink at Chapter & Verse Lobby Bar, JW Marriott Gold Coast Resort & Spa		
6:00pm - 8:00pm	Pay Your Own Way Dinner - Surfers Pavilion 30-34 Ferny Avenue, Surfers Paradise, QLD 4217		



Available in person only



Available in person and online via OnAIR



6:30am - 7:15am	Yoga at Binna Burra Terrace
7:45am - 8:30am	REGISTRATION OPEN
Conference Day Two Opening Session - Grand Ballroom	
8:30am - 8:45am	Day Two Welcome & Housekeeping Conference MC: Dr Anastasia Hronis , Clinical Psychologist, Founder of the Australian Institute for Human Wellness, Academic at the University of Technology Sydney
8:45am - 10:15am	Keynote Interactive Pan-Shop Navigating The Future: Transformative Strategies For Addiction Policy, Workplace Initiatives And Implementing Change Moderator: Dr Robert Stirling , CEO, Network of Alcohol and other Drug Agencies (NADA) Keynote: Dr Anastasia Hronis , Clinical Psychologist , Founder of the Australian Institute for Human Wellness, Academic at the University of Technology Sydney Keynote: Nicholas Bloom , Principal Master MHFA Instructor, Keynote Speaker, Wellbeing Facilitator & Advisor Keynote: Yasmin Iese , Cultural Consultant, Professional Supervisor, Open Door Consultancy Services
10:15am - 10:45am	Poster Presenter & Exhibition Session - Tamborine Gallery
	Together, We Are Stronger: Promoting And Prioritising Social Connection In Outpatient Addiction Recovery Groups <i>Jacob Sorbello</i>
	Scoping The Feasibility Of HCV Screening & Management Among MHAOD Consumers: An Imperative For Improving The Quality-Of-Service In Qld Health MHAOD Services <i>Sijimole Johnson</i>
	Partnering With Parents: Growing Resilience And Facilitating Change For Parents And Young People When Alcohol And Other Drugs Are In The Family <i>Georgia Hunt</i>
	Consumer Engagement Through Peer Support <i>Peter Baird</i>
	The TINA Trial: Progress Of A Phase 3 Randomised Placebo-Controlled Trial Of Mirtazapine As A Pharmacotherapy For Methamphetamine ("Ice") Dependence <i>Ava Kontogiannis</i>
	"Been there, done that". The Power Of Deeper Connection That Relatable Coaching Mentors, Having Conquered Alcohol Use Disorder Themselves, Bring To Those Who Seek Help. <i>Shona Campbell</i>

Enhancing Integrated Care: Cognitive Processing Therapy (CPT) In Alcohol And Other Drug (AOD) Treatment

Nick Kerswell

The Chaotic World Of Trauma

Sara-Michelle Stilianos

Community Intervention Works! About The Rotary Action Group For Addiction Prevention

Jo Baxter

CanTEST: The Benefits Of Integration For Australia's First Fixed-Site Health & Drug Checking Service

Steph Tzanetis

10:45am - 11:15am **Morning Tea With Exhibitors**

Ballroom 1

Ballroom 2

Springbrook Room

Open Topic #1
Chair: Carol Daws

Open Topic #2
Chair: Gary Fahey

Open Topic #3
Chair: Robert Stirling

11:15am - 11:35am

Culture At The Forefront - Palmerston's Journey
Wayne Ryder, & Peter Garlett, Palmerston Association

Insights From The Wild: Harm Minimisation Strategies For Alcohol And Substance Use Across A Night-Out
Jacob Sorbello, Sorbello Psychology

Enhancing Access To Early Treatment In Alcohol And Other Drug (Aod) Services: The First Step Approach
Nick Kerswell & Grace Shuttleworth, Lives Lived Well

11:40am - 12:00pm

Strengthening Intimate Partner Relationships For Those Accessing AOD Residential Treatment
Dr Stefan Gruenert, Deakin University

Religion And Recovery: Worst Of Enemies Or Best Of Friends?
Katheryn Wright, The Salvation Army

Addiction, Offending And The Cycle Of Relapse: Alternative Holistic Approaches To Building Practical Life Skills And Tools, From A Lived Experience Perspective
Tahlia Isaac, The SELF Project

12:05pm - 12:25pm

The Future Of "Responsible Gambling"
Anastasia Hronis, University of Technology Sydney

Exploring The Interconnectedness Of Women's Offending Behavior, Drug Use, And Trauma
Felicitiana Zsha'Mirzze, Neuro Vitality Pty Ltd

Addressing Waitlist Concerns In Alcohol And Other Drug Support: Drug Arm's Waitlist Management Project Pilot
Sharon Majerovic & Kate Bugden, Drug ARM

12:25pm - 1:30pm

Lunch With Exhibitors

	Ballroom 1	Ballroom 2	Springbrook Room
	Breaking New Ground: Exploring The Latest Advancements In Addiction Treatment #1 Chair: Bridgitte Thornley	Reshaping Addiction Care: Promoting Holistic Healing For Diverse Addictions #1 Chair: Carol Daws	Open Topic #4 Chair: Simone Shaw
1:30pm - 2:00pm	The Power To Change: Incorporating Digital Technology Into AOD Treatment Programs To Enhance Client Engagement And Outcomes Rosalind Hutchings, Caraniche	The Bold Shift Needed For Holistic Addiction Recovery Ruth Limkin & Leila Gray, The Banyans Healthcare and Sana Health Group	Connecting Alcohol And Other Drugs and Mental Health Care In Brisbane South (Brisbane South PHN And Metro South Health - Addictions & Mental Health Services Alana Boulton & Elaine Wade
2:05pm - 2:35pm	An Australasian AOD Conversation. The Salvation Army AOD Services Similarities And Variations In Approach Across the Two Nations Lynette Hutson, The Salvation Army	Centring Lived Expertise: Reflections On An Authentic Co-Design Process And The Development Of Professional Peer Identity River Capra, Emily Cooper, Nicole Morello & Rose Keenan, Voices of Substance	Drug Court: A Therapeutic Lens For Substance Driven Offending Paul Higham, County Court Of Victoria
2:40pm - 3:10pm	Build While The Big Dog Sleeps: Using The Science Of The Mind To Overcome Addiction Gary Fahey, Strong Men'd	Addressing Addiction & Mental Health From An Integrative Holistic Framework. Combining Bio-Psycho-Social-Spiritual Dynamics Into Treatment George Patriki, Gold Coast Addiction & Treatment Rehab	The Impact of Parental Addiction on Children: A Child-Centered Approach To Addiction Prevention And Intervention Strategies Nikki Butler, Nikki Butler Consulting & Training
3:10pm - 3:40pm	Afternoon Tea With Exhibitors		
	Day Two Closing Session - Grand Ballroom		
3:40pm - 3:45pm	Group Activity Facilitated by Conference MC		
3:45pm - 4:15pm	Opening Loots Boxes To Scrutiny From Addiction Science Keynote: Dr Aaron Drummond , Psychology University of Tasmania		
4:15pm - 4:45pm	What Are We Paying Attention To? The Commercial Determinants Of What We See And How We Feel On Digital Media Platforms Keynote: Associate Professor Nicholas Carah , Director of the Centre for Digital Cultures & Societies at The University of Queensland		
4:45pm - 4:55pm	Networking Function Sponsor Introduction Tony Clarkson, Victorian Responsible Gambling Foundation		
5:15pm - 7:15pm	Networking Reception Sponsored by The Victorian Responsible Gambling Foundation, JW Marriott Resort Poolside		

6:30am - 7:30am	Guided Breathwork and Ice Bath Experience at Binna Burra Terrace, Level 2, JW Marriott Gold Coast Resort & Spa		
8:00am - 8:30am	REGISTRATION OPEN		
	Ballroom 1	Ballroom 2	Springbrook Room
	Breaking New Ground: Exploring The Latest Advancements In Addiction Treatment #2 Chair: Tony Clarkson	Reshaping Addiction Care: Promoting Holistic Healing For Diverse Addictions Chair: Gary Fahey	Open Topic #5 Chair: Bridgitte Thornley
8:30am - 8:50am	Bringing Together Service Users, Treatment Providers And Funders To Change The Way We Measure The Performance Of Treatment Services Dr Robert Stirling, Network of Alcohol and Other Drug Agencies (NADA)	Mental Health And Wellbeing Local Successful Service Integration Of Addiction Psychiatry, Mental Health, AOD and Peer Workers Glen Pratt, Benalla, Wangaratta, Mansfield Mental Health And Wellbeing Local	Partnering With Parents: Growing Resilience And Facilitating Change For Parents And Young People When Alcohol And Other Drugs Are In The Family Georgia Hunt, Clarence Street, Mater Young Adult Health Centre
8:55am - 9:25am	The Next Chapter: Evolving Strategies For Addiction Policy And Workplace Impact Dr Robert Stirling, Dr Anastasia Hronis & Yasmin Iese	A Quick Fix? Why Long Term Holistic Treatment For The Whole Family Is Key Olivia Jurcik, Hader Clinic Queensland	More Than Just A Detox: An Evaluation Of A Multidisciplinary Approach To In-Home Withdrawal Debby Kadarusman, Sonder
9:30am - 9:50am	The Introduction Of Moral Reconation Therapy (MRT) In Several Therapeutic Community Programs In WA Therese Mahoney & Deborah McManus, Cyrenian House	Scoping The Feasibility of HCV Screening & Management Among MHAOD Consumers: An Imperative for Improving The Quality-Of-Service In QLD Health MHAOD Services Sijimole Johnson, Clinical Excellence Queensland	Building A Digital Mental Health Toolkit For Practitioners Working With Substance Use And Addiction Carol Purtell, eMHPac
9:55am - 10:15am	Embedding Lived And Living Experience Peer Workers Into Existing Services – Key Learnings For Success Antony Alder & Kate Dobson, St Vincent's Hospital Melbourne	Stepping Into The Light: All Practice As Cross Cultural Greg Smith, University of Melbourne	Munda Mia TC - A New Bespoke TC For Women With AOD And Co-Occurring FDV And Other Issues Claire Coni, Cyrenian House

10:15am - 10:45am Morning Tea With Exhibitors			
	Ballroom 1	Ballroom 2	Springbrook Room
	Celebrating Ancestry, Empowering Recovery: Advancing Addiction Care In First Nations, Indigenous And Marginalised Chair: Broc Martin	Open Topic #6 Chair: Simone Shaw	Open Topic #7 Chair: Carol Daws
10:45am - 11:05am	12 Step And Talanoa Exploring The Experiences Of Pacific Peoples In 12 Step Programmes Laura Tongalea-Nolan, AvaNiu Pasifika	'Chat To PAT' (Pathways To Assistance And Treatment): ACT's Mobile Health Outreach Clinic For Marginalised Canberrans Bronwyn Hendry, Directions Health Services	Homelessness To Recovery: AOD Treatment – The Missing Link Greg Defrenne, Cyrenian House
11:10am - 11:30am	Developing A Culturally And Linguistically Diverse Organisational Audit Tool For Drug And Alcohol Treatment Services Chris Keyes, Nada	Presentation To Be Announced For The Latest Speaker Information, Please Refer To The Conference App	Integrated Responses, Separate Systems. Improving Capacity at the Intersection of Substance Use, Mental Health and Family and Domestic Violence Rebecca Lang, Qld Network of Alcohol and other Drug Agencies
11:35am - 11:55am	Yarn Our Way Heal Your Way: Yarn SMART April Long, Smart Recovery Australia	Te Ara Oranga / The Path to Wellbeing / Meth Demand Reduction Service Michael Douglas, The Salvation Army	Financial Counselling Work With People Harmed By Gambling - Connection, Collaboration And Constructive Outcomes For People Annette Devereaux, Financial Counselling Victoria
12:00pm - 12:20pm	Rata Kouru Ora / Peer Support Model Pipiwharauora Campbell & Emma Hunter, The Salvation Army New Zealand, Fiji, Tonga, and Samoa Territory	Decolonising Approaches For Youth At Risk Of Detention: A Scoping Review Of Culturally Responsive Diversion Programs For Aboriginal And Torres Strait Islander Youth Lorelle Holland, The University Of Queensland	Connecting Families And Individuals Affected By Substance Misuse To Create A Community Of Support And Recovery Paula Sten & Renee Vincent, The Link Foundation
12:20pm - 1:15pm Lunch With Exhibitors			

Day Three Closing Session - Grand Ballroom

1:15pm - 1:45pm	<p>Experts By Experience: Utilising Lived And Living Experience In Policy, Service Design And Delivery</p> <p>Keynote: Tanya Kretschmann, Consumer Advocate, Lived Experience Consultant, Recovery Speaker and Peer Mentor</p>
1:45pm - 2:45pm	<p>Join Us For An Intimate Q&A Keynote Session Facilitated By Rebecca Lang With Legendary Basketballer Lauren Jackson</p> <p>Moderator: Rebecca Lang, CEO, Qld Network of Alcohol and Other Drug Agencies (QNADA)</p> <p>Keynote: Lauren Jackson, One of Australia's Top Sportspeople - Considered By Many To Be The Country's Greatest Female Basketballer In History</p>
2:45pm - 3:00pm	<p>Conference Closing + Prize Draws</p> <p>Conference MC: DR Anastasia Hronis, Clinical Psychologist, Founder of the Australian Institute for Human Wellness, Academic at the University of Technology Sydney</p>



Please refer to the website and mobile app for the most up to date version of the program and to read overviews of each session.



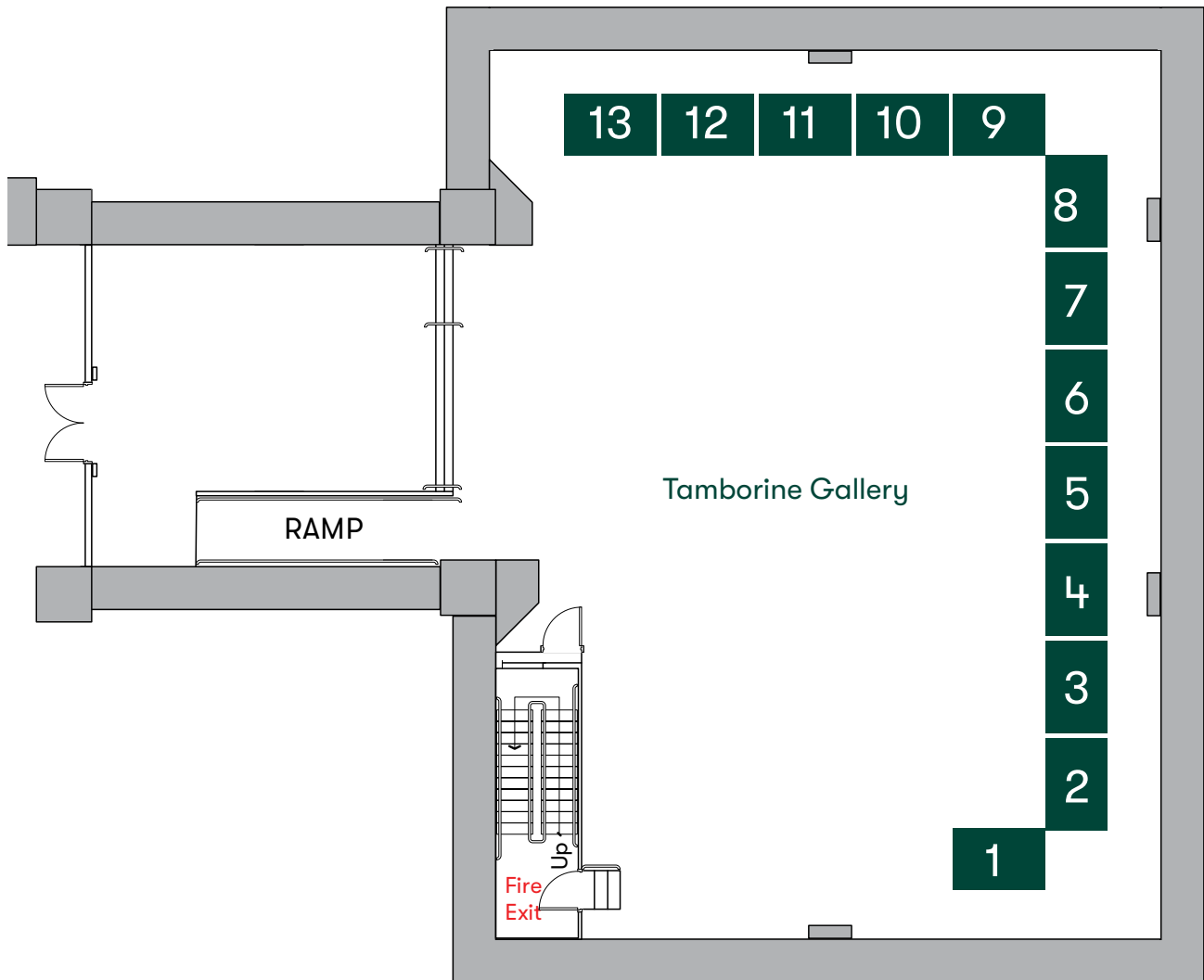
EXHIBITION HALL

EXHIBITION HOURS

Monday 29 April 12:00pm – 5:00pm

Tuesday 30 April 7:45am – 5:00pm

Wednesday 1 May 8:00am – 3:00pm



EXHIBITOR LIST

1. Australian & New Zealand Mental Health Association
2. Southern Highlands Retreat
3. Indivior Pty Ltd
4. Cracks In The Ice, The Matilda Centre
5. Lives Lived Well
6. Victorian Responsible Gambling Foundation
7. SMART Recover
8. Hader Clinic
9. eMHPrac
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Victorian **Responsible Gambling Foundation**

The Victorian Responsible Gambling Foundation

The Victorian Responsible Gambling Foundation is a statutory authority working to prevent, reduce and treat gambling harm in Victoria. We work with partners, communities and the government to deliver effective, evidence based initiatives and innovative approaches to prevent gambling harm and provide support for those seeking help.

P: (03) 9452 2600

W: responsiblegambling.vic.gov.au

SILVER



Lives Lived Well

Lives Lived Well

Lives Lived Well works with people impacted by alcohol, drugs, gambling and mental health concerns. We offer free withdrawal, counselling and group programs. Our rehabilitation recovery centres, such as Mirikai, provide more comprehensive recovery support. We run the Lives Lived Well Specialist Centre, which is open to the public, and we are the lead agency for headspace Southport and headspace Upper Coomera.

P: 1300 727 957

W: liveslivedwell.org.au

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Camurus is a Swedish research-based pharmaceutical company committed to developing innovative and differentiated medicines for the treatment of severe and chronic conditions. New drug products are conceived based on the proprietary lipid-based FluidCrystal® drug delivery technologies and an extensive research and development expertise.

Camurus Australia's focus is on opioid dependence, with the aim of simplifying treatment and removing the burden and stigma for patients and their families.

If you wish to learn more about opioid dependence, please visit <https://www.camurus.com.au/opioiddependence/>

W: [camurus.com](https://www.camurus.com)

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Sana Health Group

Sana Health Group is a private Australian healthcare organisation at the forefront of mental health and addiction recovery. They unite the nation's leading recovery centres and retreats, building the future of rehabilitation through accessible evidence-based treatment and care. Sana Health Group's private service network currently includes The Banyans, Byron Private and Palladium Private.

W: [sanahealthgroup.com](https://www.sanahealthgroup.com)

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Indivior

Indivior is the world leader in addiction treatment with over 20 years' experience and a unique patient-focused approach. Our endeavour is to understand the journey of individuals suffering with addiction.

We partner with healthcare professionals, the public, policymakers, and payers to ensure people suffering from addiction are treated just like any other patients suffering from a chronic, relapsing medical condition.

W: [Indivior.com](https://www.indivior.com)

CONFERENCE EXHIBITORS



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P: 1800 462 226

E: recruitment@acmhealthcare.com.au

W: acmhealthcare.com.au



Australian & New Zealand Mental Health Association

Australian & New Zealand Mental Health Association

The Australian & New Zealand Mental Health Association is a non-government, non-for-profit association for all mental health professionals, workers, volunteers, carers and advocates.

Through a selection of educational materials, annual events and continued development opportunities, we aim to support the personal and professional wellbeing of every individual active in mental health and wellbeing.

P: 07 5502 2068

E: membership@anzmh.asn.au

W: anzmh.asn.au

BayPharma

Bay Pharma

Bay Pharma is a leading pharmaceutical company specializing in high-quality vaporized nicotine products. Adhering to Therapeutic Goods Administration (TGO-110) Standards, the company focuses on health, safety, and excellence. Its product range caters to the Australian market with scientifically formulated nicotine solutions. Independent from the tobacco industry, Bay Pharma aims to provide reduced harm alternatives to assist in smoking cessation and the management of nicotine addiction. Guided by principles of integrity and transparency, the company strives to redefine the NRT industry through ethical practices and cutting-edge solutions, positioning itself as a health advocate and innovator committed to setting new quality standards.

W: baypharma.com.au



Cracks In The Ice, The Matilda Centre

Cracks in the Ice (cracksintheice.org.au) is an online toolkit providing trusted, evidence-based, and up-to-date information and resources about crystal methamphetamine for the Australian community. The website features helpful tips, factsheets, videos/animations and links to support services. There are also specific resources for people who use crystal methamphetamine, their friends/families, health workers, as well as Aboriginal and Torres Strait Islander peoples. Cracks in the Ice is supported by funding from the Australian Government Department of Health and Aged Care, and was developed by the Matilda Centre for Research in Mental Health and Substance Use at the University of Sydney.

W: cracksintheice.org.au

CONFERENCE EXHIBITORS



eMHprac

The e-Mental Health in Practice (eMHPrac) project is funded by the Australian Department of Health and aims to raise awareness and knowledge of evidence-based digital mental health resources. eMHPrac delivers free presentations, workshops and webinars to health practitioners throughout Australia and also provides a range of online resources. eMHPrac is led by Queensland University of Technology in partnership with Black Dog Institute, Menzies School of Health Research, and University Centre for Rural Health of the University of Sydney.

W: emhprac.org.au



SMART Recovery Australia

SMART Recovery Australia is the first and only national provider of professional and peer-led, evidence-based, and self-empowering addiction recovery support in Australia that is not based on a belief in a higher power or requiring individuals to admit powerlessness over their addiction.

Working with compassion not judgement, our lived experience facilitators use tools and techniques to help participants to set their own goals which may or may not include abstinence. Our free services and peer support recovery groups are inclusive and accessible to everyone regardless of location throughout Australia.

W: smartrecoveryaustralia.com.au



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Operating since 2016, Hader Clinic Queensland is proud to be the only private drug and alcohol addiction treatment centre in Queensland to be independently accredited, with a private detox hospital co-located onsite. Hader Clinic Queensland treat addiction through a holistic, therapeutic community model, incorporating evidence-based psychoeducation and support from a multi-disciplinary team of health professionals.

P: 1300 856 847

W: haderclinicqld.com.au



Southern Highlands Retreat

The Southern Highlands Addiction Retreat offers a proven and effective addiction treatment program holistic in a safe, supportive, and friendly environment. Located in the stunning southern highlands, just south of Sydney, our beautiful surroundings combine with our effective program, delivered by addiction treatment professionals, to put you in the best possible position to succeed on your journey to sobriety.

Our focus is treating drug and alcohol substance addictions, including, but not limited to alcohol, marijuana, ice, prescription drugs, cocaine, synthetic drugs, and gambling. We also treat co-occurring disorders such as depression, anxiety and trauma and selected behavioural addictions.

W: southernhighlandsaddictionretreat.com.au

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