

Linkmate

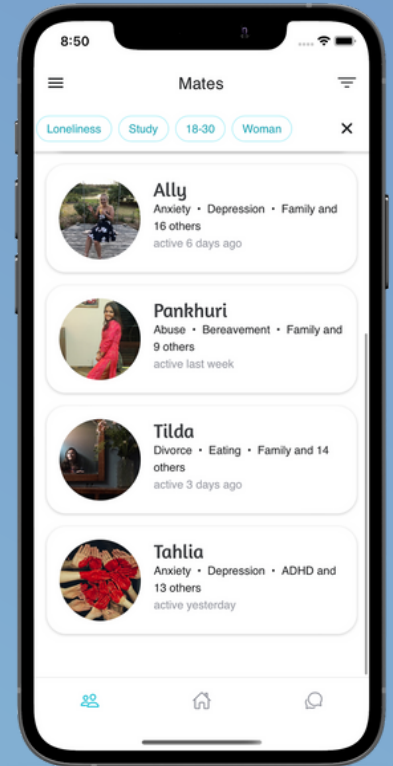
Are you looking for a proactive solution to prevent mental health challenges for your people, patients and clients?

At Linkmate, we provide proactive emotional support through the Linkmate Resilience Blueprint, including the Linkmate app and our Emotional Resilience Program.

Linkmate App: Your Social Network for Support

- ✓ Connect with peers sharing similar interests and experiences
- ✓ Anonymous & confidential access on iOS, Android and Web
- ✓ Provide support whilst patients wait for clinicians
- ✓ Proactive approach to mental health for clinics & businesses
- ✓ Can be customised to fit the needs of your people & niche

“Great for those who can't share their issues with a friend but need a friendly ear rather than therapy.”



Emotional Resilience Program: Building Mental Fitness

- ✓ Equip your people with practical tools to better support their peers
- ✓ Strengths-based approaches to tackle social & emotional issues
- ✓ Future-proof your people's mental health through self-care
- ✓ Connect with your people through the lens of lived experience
- ✓ Build confidence knowing it's okay not to be okay and to ask for help

“A captivating and succinct way to break down the complexity of mental health in the workplace.”

We want to express our gratitude for the invaluable service that mental health professionals like you provide to our communities. That's why we're offering a special 10% discount for mental health professionals on both the Linkmate app and our Emotional Resilience Program. Please email the code "GRATEFUL10" to info@linkmate.com.au to learn more and redeem your discount.

Don't wait for mental health challenges to arise - take proactive steps to prevent them with Linkmate. Contact us today to learn more about how you can offer this solution to the people, patients and clients you serve.